

Clear Quartz

What is Clear Quartz?

Clear Quartz is also known as Crystal Quartz or Rock Crystal. It is colourless Quartz, a natural form of silicon dioxide. Clear Quartz is a 10th Anniversary gemstone.

Healing with Clear Quartz

♥ Harmony ♥ Energy ♥ Healing ♥ Psychic abilities ♥ Clarity ♥ Calmness

Clear Quartz is known as the "master healer" and will amplify energy and thought, as well as the effect of other crystals. It absorbs, stores, releases and regulates energy. Clear Quartz draws off negative energy of all kinds, neutralising background radiation, including electromagnetic smog or petrochemical emanations. It balances and revitalises the physical, mental, emotional and spiritual planes. Cleanses and enhances the organs and subtle bodies and acts as a deep soul cleanser, connecting the physical dimension with the mind. Clear Quartz enhances psychic abilities. It aids concentration and unlocks memory. Stimulates the immune system and brings the body into balance. Clear Quartz (Crystal Quartz, Rock Crystal) harmonises all the chakras and aligns the subtle bodies.

Orange Essential Oil

Orange essential oil has a variety of uses. These can include applications to:

- lift your mood or reduce stress
- treat skin conditions such as acne
- reduce pain or inflammation
- relieve stomach upset
- use as a natural household cleaner
- add a pleasant scent to a room or to products like perfumes and cleaners
- give flavor to a variety of foods and beverages

From this article:

<https://www.healthline.com/health/orange-essential-oil-uses#uses>

Affirmations for Abundance

I can and will have more than I ever dreamed possible.

I feel good about money and deserve it in my life.

Great wealth is flowing to me now.

I now create my wonderful, ideal life.

I am thankful for the comfort and joy that money provides me.

I know I am abundant.

I always have enough money for myself.

Every day in every way I am becoming more and more prosperous.

I see myself as wealthy, and that's who I am.

I choose wealth and abundance.

My wealth derives from honesty in everything I do.

I am worthy of great success.

My greatest good is coming to me now.

I love abundance in all its beautiful forms.

I am wide awake to my abundance

I release all my negative beliefs about money and invite wealth into my life.

I am prosperous, healthy, happy and live in abundance.

Wealth is my birth-right, my natural state of being.

Making money is good for me and for everyone in my life.

My income is growing higher and higher now.

Money is an important part of my life and is never away from me.

All my issues with wealth have disappeared.

I am wealthy.