

The grass is never greener on the other side; it's greener where I water and tend to it.
My partner is a reflection of me.
I look inward for all the answers to my problems.
I accept responsibility for my actions and make right my wrongs.
I am forgiving.
I will never give up on love.
Energy spent loving is never a loss.
The light in me sees the light in you.
My love is unconditional.
Separateness is an illusion; my partner and I are one.
I am worthy of love and deserve to be loved unconditionally.
I treat my partner the way I want to be treated.
My partner is loving, generous and kind.
I attract exactly what I need in my relationship.
There is nothing my partner can do to make me stop loving him/her.
I express love in various forms.
I am open to love in all forms.
I am open, free and joyful.
My partner loves and appreciates me.
I feel safe and protected by my partner.
I look at my partner through my eyes via my heart.
I have a twinkle in my eye for my partner.
I focus on the good in everything.
I express gratitude daily, thanking my partner for his/her gifts she/he brings to the world (and me).
I listen with an open heart and a loving ear.
I put my best foot forward in my relationship.
No one is perfect, including me.
If someone pushes my buttons, they are still MY buttons – personal issues I need to tend to.
I am understanding.
My goal is always to create harmony and clarity.
I listen to understand and not to “win.”
No one ever wins in an argument.
I communicate in peace and with compassion.
I remain in balance with my emotions.
I practice patience with grace and ease.
I am flexible.
I create the foundation on which my relationship is built.
I do the best I can.
I'm either destroying or building in every moment.
I am honest, trustworthy and truthful.
I am trusting in my relationship.
I accept my partner's flaws and always leave room for growth.
I support my partner's dreams.

With every action, I am being an example of what I want to see in my partner.
I avoid blaming and pointing the finger.
I speak only kind words about my partner.
I never complain.
I state my needs clearly and honestly.
I speak my truth without blame or shame.
I always leave the door open for affection.
I never give my partner the cold shoulder and continually hold space for change.
I set the space and tone for love to express itself.
Loving my partner is loving myself.
I am a warrior for love.
I create a sanctuary in my home that is always inviting to my partner.
I stand firm and grounded in love.
Love emanates from my very being and affects all around me.
No one can hurt me, for I am the only one that can hurt myself.
I think positively of my partner.
I encourage my partner to reach for the stars.
I let go of all grudges and resentment.
I don't bring up old wounds (unless to heal them).
My energy transforms conflict into oneness and unity.
I always leave room for improvement.
Through intention, I achieve my ideal relationship.
I cannot change anyone else, I can only change myself.
With my support and love, my partner can be the best version of him/herself.
Happiness starts within.
I am content and joyful alone and my partner only adds on to the good feeling that's already there.
I T.H.I.N.K. before I speak:
T- is it true?
H- is it honest?
I- is it inspiring?
N- is it necessary?
K- is it kind?